

As a mentor, it is important for you to ask your mentees questions that facilitate growth. Questions enable mentees to dig a little deeper and truly reflect on their experiences. Whether talking about careers, classes or personal ambitions, it is critical for mentees to reflect on their progress in a constructive way. Below are some questions you might consider asking during your next mentoring session.

- What do you hope to get out of this relationship?
- Why did you want to become a mentee?
- What do you hope that I get out of this relationship?
- What do you think will be or has been the most challenging for you?
- What was your biggest mistake and what did you learn from it?
- Which classes do you enjoy taking most and why?
- Which classes do you enjoy taking least and why?
- Where do you see yourself in 3 years? 5 years?
- Who do you look up to and why?
- Talk about a time you were forced out of your comfort zone and explain how you handled the situation.