

Below are lists of topics we suggest mentors and mentees discuss with one another. Perhaps you can choose a certain number of topics to discuss at each meeting. Mentors and mentees can use these topics as a guide to take their conversations beyond just career advice and into personal development as well.

Mentor to Mentee

- General career advice
- Career tracks and career track changes
- Possible advanced degree choices and requirements
- Possible certificate programs and requirements
- Organizational culture
- Corporate culture
- Balancing work and life
- Traveling for work
- Professional and social media profiles
- Internship and job searches
- Job shadowing opportunities
- Practice interviews
- Management best practices
- Employment possibilities abroad
- Resume and Cover Letter review
- How to make major career decisions
- General skills and characteristics needed for certain jobs
- Favorite and least favorite parts of their job
- Relevant change within the industry
- Workplace ethics
- Professional etiquette and dress code
- Balancing work and life

Mentee to Mentee

- Classes and professors to take
- Major and minor programs
- Internship and co-op experiences
- Working while going to school or during the summer
- Study or volunteer abroad
- On campus involvement and resources
- Volunteer opportunities
- Developing healthy study habits
- Applying for scholarships
- Developing personal independence