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Today's Training

- Overview
- Program Expectations
- Technology
- Q & A
- ✓ Describe their expectations and overall role in the WMS.
- ✓ Recall resources to help in cohorts.

Overview | The Wildcat Mentor Society

The Wildcat Mentor Society is a transformative program that connects world-class alumni with students and alumni in mutually beneficial mentorships.

Overview | The Wildcat Mentor Society

Mentees will participate in discussions and activities and ask questions to expand their knowledge on how to navigate everything from college to career to personal experiences.

Mentors will provide
opportunities and feedback
for cohorts to build their
professional network,
strengthen their
Arizona alumni network,
and gain career and
professional skills.

Create deep,
meaningful mentormentee **relationships**which may last well
beyond this program.

Expectations | Mentor

Communication

- ✓ Mentor trainings
- ✓ Monthly cohort meetings
- ✓ Mentee follow-up
- ✓ Active listening w/ mentees

Safe and Inclusive Environment

- ✓ Diversity and Inclusion Resources
- ✓ Inclusive language
- ✓ Mentors enforce respect for all members of the cohort
- ✓ Confidentiality and trust

Availability/Accessibility

- ✓ Respond to mentee communications in timely manner
- ✓ Participate in events and programs as able

Facilitate Growth and Learning

- ✓ Provide feedback and strategies to help mentees progress to completing their goals
- ✓ Teach and model professional behaviors



Expectations | Mentee

Communication

- ✓ Mentee check-in surveys
- ✓ Monthly cohort meetings
- ✓ Drive mentorship communication
- ✓ Active listening w/ cohort

Safe and Inclusive Environment

- ✓ Diversity and Inclusion Resources
- ✓ Inclusive language
- ✓ Mentors enforce respect for all members of the cohort
- ✓ Confidentiality and trust within the cohort

Availability/Accessibility

- Respond to mentee communications in timely manner
- ✓ Participate in events and programs as able

Personal Growth and Learning

- ✓ Focus on goal attainment and asking for help when needed
- ✓ Practice professional behaviors



Expectations | Safe and Inclusive Environment

Respectful

Inclusive language involves knowing about and showing respect for all members of WMS.

Accurate

Inclusive language gives more accurate view of the real world by reflecting on social diversity rather than perpetuating stereotypes and making false assumptions.

Relevant

Inclusive language reflects WMS diversity and is meaningful for a wide audience and enables everyone to feel that are being reflected in what was said.

Expectations | Mentor/Mentee Agreement



Mentor & Mentee Agreement

The purpose of this agreement is to set guidelines and goals for mutual effort and benefit. By setting your expectations of each other ahead of time, you can work to make the most out of this relationship

	Outside of the predetermined meeting times, how often should we contact one another? What	
	the best way to contact one another?	
2.	If we receive contact from the mentor or another mentee, we agree to get back to that per	son .
	within:	
	24 hours	
	□ 1-2 days □ 2-5 days	
3.	What are some of the major topics we would like to discuss?	
4.	How will we proceed should one individual need to withdraw from the mentorship program	1?
5		
	If we cannot attend one of the preplanned meetings, how will we communicated that with group? How much notice will we agree to give?	the
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- ☐ To be discussed and signed at the first meeting (Sept./Oct.) ☐ Referenced throughout the year for accountability and progress ☐ Mentors and mentees keep copies
- **Confidentiality** What is said in the cohort, stays in the cohort. This allows for greater trust and personal growth.

Technology | Zoom



- ☐ Cohorts meet virtually or in-person
- ☐ Reoccurring Zoom link is provided, but any platform is acceptable.
 - Polling questions
 - Guest presentations
- Link can be posted to your Bear Down Network cohort or a reoccurring meeting invite.
- ☐ Reduce background noise and limit interruptions. Your mentees will feel that they have your undivided attention.

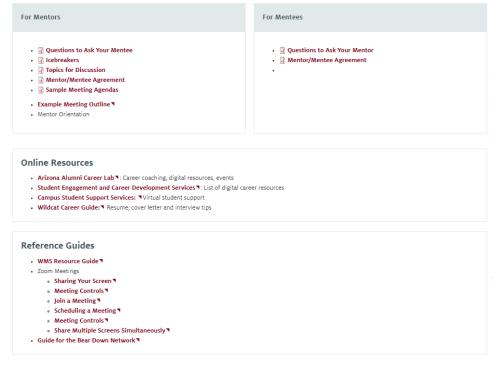
Technology | Bear Down Network



- ☐ Communicate and connect with the WMS
- Monthly Newsletter
- Subgroups
 - Cohort events
 - Private feed
 - Messages
- DEMO

www.beardownnetwork.com

Resources | Downloads and Links



- ☐ Meeting Content
- ☐ Campus Resources
- ☐ Guides
 - Mentoring
 - Zoom Meetings
 - Bear Down Network

www.wms.arizona.edu/resources

Thank You!



Questions?

